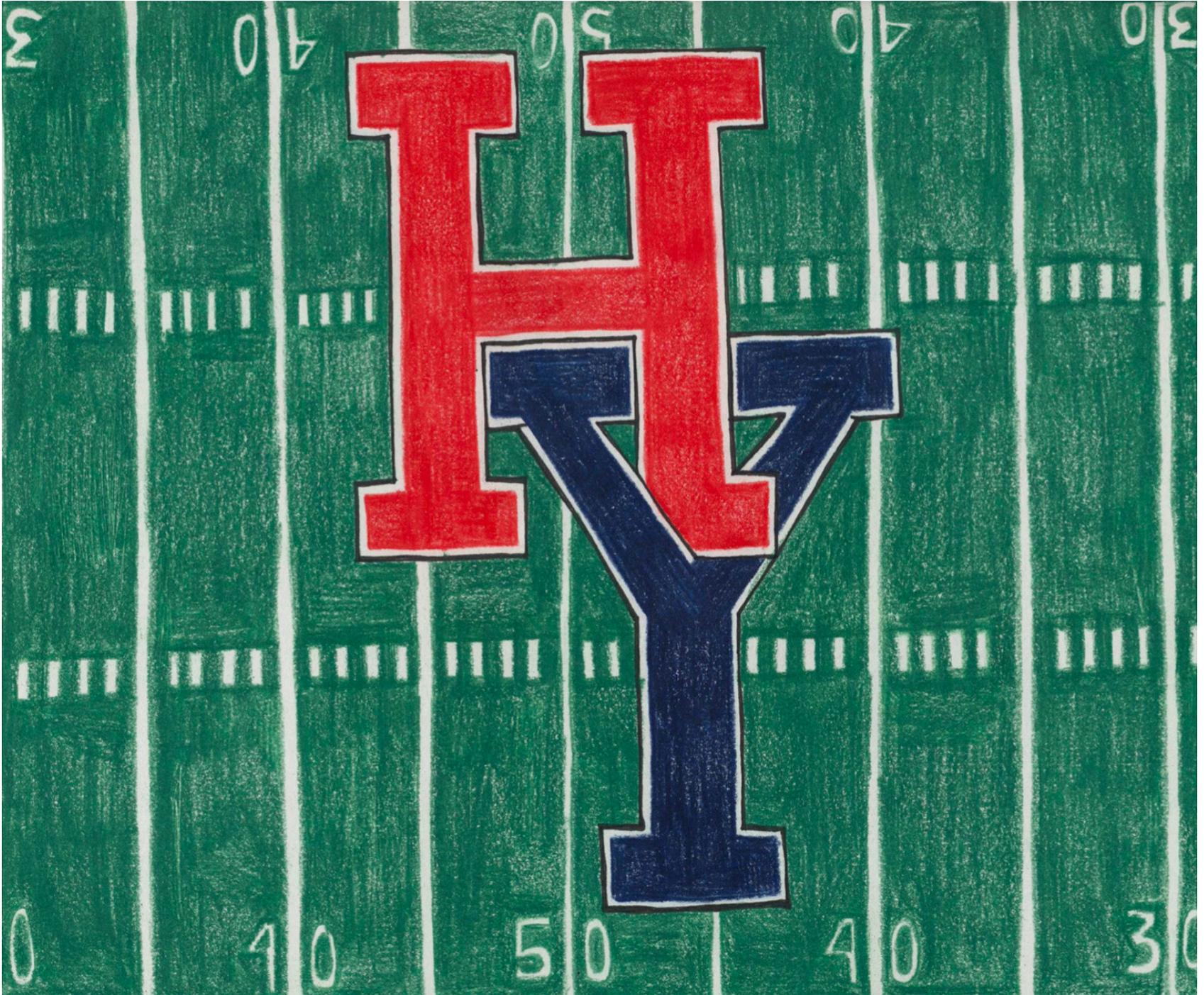


THE HARVARD
independent
11.21.19 THE STUDENT WEEKLY SINCE 1969



Inside: The Game

The Harvard Independent

11.21.2019

Vol. LI, No. 7



The Indy will be watching you at The Game.

Cover illustration by Natalie Sicher '21

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As Harvard College's weekly undergraduate newsmagazine, the Harvard Independent provides in-depth, critical coverage of issues and events of interest to the Harvard College community. The Independent has no political affiliation, instead offering diverse commentary on news, arts, sports, and student life.

For publication information, email subscriptions, and general inquiries, contact President Jilly Cronin (president@harvardindependent.com). Letters to the Editor and comments regarding the content of the publication should be addressed to Editor-in-Chief Tushar Dwivedi (editorinchief@harvardindependent.com).

The Harvard Independent is published weekly during the academic year, except during vacations, by The Harvard Independent, Inc., Student Organization Center at Hilles, Box 201, 59 Shepard Street, Cambridge, MA 02138.

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INDY NEWS

Setting the Record Straight

The Origins of "The Game"

By CHIDAMBARAM THILLAIRAJAH

In 1852, as spring became summer, the students of Yale issued Harvard a challenge. The recently formed Yale rowing team had invited the even more recently formed Harvard rowing to come test the superiority of their oarsmen. A gauntlet had been thrown down and could not remain unanswered. On the third of August of the same year, both teams met on the banks of Lake Winnepesaukee and climbed into their respective racing shells. The sleek boats pulled out onto the water and lined up, still, but taut like a drawn bowstring and poised to explode into motion. The race started and the shells erupted forward before settling into an intense but steady pace. The regatta was a grueling two-mile affair, and the competitors poured every ounce of stamina into propelling their craft forward. As they entered the final stretch Harvard's shell, the Oneida had pulled ahead; streaking past the two-mile mark a mere two boat lengths ahead of the Yale team. Harvard had claimed victory in the first American intercollegiate even and the oldest rivalry in American collegiate athletics was born.

This rivalry smoldered and grew. Over the next two decades, the sport of football became increasingly popular in the states. What exactly this entailed is difficult to say, as there was no clear consensus as to how exactly one played American football. Every university had their own set of rules and played the game in their own way, though it was generally agreed that the sport largely consisted of using feet to kick a ball into a goal. In 1873, in an effort to bring some order to the sport, representatives from Princeton, Yale, Columbia, and Rutgers met in a hotel in New York to create a set of rules for intercollegiate play, resulting in a game not dissimilar to soccer in the modern day. Harvard, however, decided not to attend this conference and continued to play their preferred variant. When this predictably made it difficult for the Harvard team to schedule intercollegiate matches, they arranged two games against the Canadian McGill University. The first game was played under Harvard rules, but the second was played under rugby regulations. The Harvard team took a shine to this game and incorporated several aspects of it into their own rules. These rules now permitted carrying the ball, scoring a try by getting the ball to the end of the field (the precursor to touchdowns), and

stopped play to reset each time a ball carrier was tackled to the ground.

Thrilled with this new game and unwilling to let something as petty as rules and regulations get in the way of a good rivalry, Harvard challenged Yale to a match. The two schools agreed on a set of rules extremely similar to those of rugby, and The Game was set for Saturday November 13, 1875. The Harvard team traveled up to Newhaven and met with the Yale team at Hamilton field. Students flooded out to observe the violent display of athletic prowess, with tickets going for the low cost of fifty cents a head (about \$11 in today's money). The exact events of the game are elusive; we may never have an exact play by play; however, by the end, Harvard had thoroughly defeated Yale, emerging victorious with a score of four to zero. The exact meaning of the score is hard to ascertain as the exact method of scoring is hard to pin down, but suffice to say it was definitive win and well earned. The Harvard team returned to Cambridge celebrating their triumph while the Yale team began to prepare for the next year.

The second game was played on November 18, 1876 at Yale. While Harvard made a laudable effort, Yale won with a tidy one-zero victory. Though less groundbreaking and perhaps a mite less exciting than the first time The Game was played, this match may have had an even greater impact on the tradition and the sport of American football as a whole. This is largely due to the involvement of two particular young men. At the time, future president Theodore Roosevelt was in his first year at Harvard University. Apparently the game made a strong impression on him that would remain into his later years. Of more immediate significance is a man named Walter Camp, who played as a halfback for Yale. He continued to play for Yale until 1882, captain the team in 78 and 79, and during this time and the years that followed, he would revolutionize the sport of American football.

Walter was a regular attendee of the meetings where the early rules of American football were created and reviewed. His first major proposal was to reduce the number of players on each side of the field from fifteen, as was the norm in rugby, to eleven, as was standard in soccer. This was intended to increase the amount of open

space and allow for more exciting plays. This new direction was largely ignored by players in favor of making slow, incremental progress by abusing the gaps left by this new rule. This resulted in a number of games where only a single team ever had possession of the ball and one or no touchdowns were scored. To combat this unfortunate trend, Walter proposed rules requiring that teams move the ball a certain number of yards forward in a set number of plays to keep the game moving. The new ideas resulted in the creation of downs and the line of scrimmage that is so central to football today. He also played roles in the development of the scoring system, the measurements of the field and the introduction of impartial referees. His most important contribution was likely the role he played in adding blocking to the game.

In soccer and rugby it is illegal for a player who does not have the ball to stand between the player with possession of the ball and a person attempting to steal the ball or tackle the carrier. This is mostly a safety issue and greatly increases the rate at which the ball is turned over. In early American football, players would "accidentally" knock over opposing players going after the ball carrier. While Walter was initially against this practice, he soon incorporated it into his strategies, and it quickly became an official part of the sport. This made games much more exciting, but also far more violent and dangerous.

The 1890's were an exciting time for The Game. In 1890, in a move unprecedented in collegiate athletics, Yale introduced cheerleaders to The Game. This, combined with the new blocking tactics, made the experience more thrilling than ever before. The fun came to a screeching halt with the seventeenth game in 1894. In this game, referred to as the Hampden Park Bloodbath, more than five players were hospitalized and one briefly fell into a coma. The Game was temporarily suspended and then-president of Harvard Charles Eliot attempted to have the game banned entirely. Eventually The Game was reinstated, but concern generated by this incident and similar events was great enough that President Theodore Roosevelt gathered experts from Harvard, Yale, and Princeton to reform the game so that it could retain its

INDY NEWS

Setting the Record Straight, continued.

spirit while also not crippling players. This resulted in a number of changes that opened up the field, banned particularly dangerous formations, brought the forward pass into legal use, and generally made football into the game we know today.

In the years since there have been

many stories made at the game. Pranks have been played and friendships have been forged amid the brisk New England air and the stench of alcohol. There have been epic victories and defeats. There was even one particularly embarrassing time when Yale put their team manager in to score a touchdown when riding a particularly large lead. As we get ready for

the one hundred and thirty sixth game, Yale is leading us sixty-seven to sixty, so let's all support our team in New Haven and start setting that record right.

Chidambaram Thillairajah '21
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news for the Indy.

How Switching to Sustainable Dining Really Looks

The successful advent of sustainable food at Harvard is a story of many food laboratories

By MARISSA GARCIA

ANNENBERG HALL, THE TABLES

Annenberg Hall on a weekday morning is nothing short of bustling, hands juggling plates stacked with pancakes and bacon along with bowls abound with oatmeal. It's Annenberg's only meal period free from dining restrictions, and the inevitable struggle of finding a seat shows for it. Combing through the long tables for an open seat can be fruitless as many groups of friends chat before their 10:30am classes. Despite breakfast being an open meal for all, the scarce plant-based options used to curtail vegans from this meal fest, restrictive on the basis of dietary preferences. Finally, come the 2017-2018 academic year, the Harvard University Dining Services (HUDS) began to alleviate this limit. A student who was a member of *Vegitas*—an organization of Harvard students passionate about animal rights from economic, moral, and environmental perspectives—was on the cusp of tears when Annenberg debuted plant-based breakfast options. Not only could she now butter her bagel, but she could also stack her plate with vegan breakfast delights galore—plate bountiful with pastries, muffins, and tofu scramble.

These vegan breakfast provisions could be washed down with a glass of oat milk, thanks to an oat milk machine installed as of Fall 2019. Oat milk now joins the ranks of Annenberg's other plant-based alternatives of soy and almond milk, which both have been subjects of critique for their environmental impacts. Soybean production is heavily associated with deforestation, and almond milk—compounded with being a top allergen—depletes water

resources. The water uptake in agricultural production is exorbitant, with a single almond demanding over a gallon of water for growth. In the orchards of California, almonds are cultivated by farmers who must grapple with producing enough of a water-hungry crop to satiate market demand while also facing a regional drought. According to research at the University of Oxford, oat milk strikes a balance, with low carbon emissions, land usage, and water usage alike.

Though the inclusion of oat milk in Annenberg has been an impressive step forward, the upperclassmen House dining halls cannot expect to see the emergence of oat milk machines. Installing a new plant-based milk machine in each of the House's dining hall becomes a challenge of limited real estate. In order to add in such a machine, another will have to relent its space, a stride HUDS may not be willing to take unless it is substantiated by student preference first and foremost. Instead of serving as the food police—dictating whether or not to drink cow's milk—HUDS strives to respond predominantly toward student demands. HUDS gets a pulse on student perspectives through the Student Satisfaction Survey. And so, as the student responses increasingly prioritize the environment in food selection, HUDS will continue to adapt accordingly.

DINING HALLS, THE GRILLE

Beginning in Fall 2017, the Grille menu saw the introduction of the Beef and Mushroom Burger. This burger aimed to appease both meat-eaters and sustainability demands alike; the beef in the patty was reduced by 30%

and replaced with diced, roasted mushrooms. Introducing mushrooms in a 1:3 ratio also lessened saturated fat levels by 30%, making them more attractive to a health-conscious consumer. The mushroom's umami flavor affords the burger a deep taste; so long as the ratio of mushrooms does not exceed 30%, consumers will not detect textures uncharacteristic of beef. HUDS also applies this strategy of mushroom supplementation to its recipes for beef sauces and chili.

Come Fall 2018, the Beef and Mushroom Burger was displaced by the Beyond Burger. Its popularity in the food industry—now staples at Veggie Grill, Del Taco, and Dunkin'—extends to the Harvard campus. As indicated by the number of orders placed on the *Mange grille* app, the demand for the Beyond Burger is rising in equal measure to the fall in demand for beef. Nevertheless, the Beyond Burger has received much industrial criticism for being highly processed since it contains twenty-two ingredients, far from the definition of a whole food. So, although it exists as an option on the menu, often attracting meat-eaters to rounding out their dietary lifestyle with more sustainable options, it does not stand as the only vegan options on the menu. Akeisha Hayde, the Executive Chef for Residential Dining at HUDS, stands behind the sentiment that food should be what it is—and that means having a menu that isn't fully reliant upon meat “replacements.” The student surveys also reflect this preference, advocating for more roasted and steamed vegetables offered within the dining. Simplicity reigns: the consensus stands with whole food ingredients.

THE COMMISSARY

Within the commissary kitchen, new recipes are tasted and debated upon—which of these will make it onto the HUDS menu as an entree? In these deliberations, prices fall secondary. HUDS’ foremost priority in selecting a new recipe is quality, evaluating its taste and scalability. Would it be possible to cook these new dishes in small batches of twenty to fifty, and then scale that up to producing them in large volumes? The availability of the recipe’s ingredients with local vendors also prevails in importance; electing to purchase food that does not have to travel far is a priority in sustainable dining. 32% of the HUDS budget is allocated toward purchasing local goods.

MEAN GREENS CAFETERIA, NORTH TEXAS

Being faithful to local goods is nothing novel for the Mean Greens cafeteria at the University of North Texas, the nation’s first all-vegan dining hall. In a nearby freight trailer behind the scenes, a hydroponic garden prospers, growing up to eleven varieties of lettuce and herbs that are incorporated as organic ingredients in Mean Greens dishes. Producing up to 800 heads a week, this garden is a pillar to provisions served at Mean Greens, also reducing fossil fuel consumption and carbon emissions associated with extensive food shipment.

When Mean Greens opened in August 2011, it was met with hesitation, winning over only 175 swipes a day. As the year went on, however, Mean Greens could reliably expect 800 to 900 swipes a day—an indicator of the quality of their plant-based offerings. At the panini station, students can request house-made seitan, vegetables, or mushrooms. Frozen yogurt machines serve ice cream made from soy. Cuisine varies daily from homestyle, Asian, Indian, Italian, and Tex-Mex.

The pioneering force behind Mean Green’s success was the chef and manager Wanda White. Hailing from a history of pastry-making, she too had to face reconstructing her knowledge from culinary school: the greatest conundrum being cooking without eggs and dairy-products. She not only learned the ropes of vegan cooking—she completely overhauled the very nature of vegan food in dining halls.

ANNENBERG HALL, IN THE KITCHENS WITH HSUS

Wanda White now serves as the Executive Chef for the Humane Society of the United States (HSUS) and has begun collaborating with HUDS sous-chef TJ Graceffa, teaching him the tenets of plant-based cooking. Similar to how White hailed from a culinary tradition reliant upon eggs and milk, Graceffa did not have previous experience in cooking plant-based food. Inexperience, however, was far from translating to inability. With diligence and practice, White rose as an eminent plant-based culinary figure, and now HSUS offers plant-based trainings to Harvard to give the dining services equal expertise.

In both January and June 2015, White held the first ever dining hall plant-based culinary trainings in collaboration with Harvard. Following the release of Harvard’s Sustainable and Healthful Food Standards, they held another training in June 2018 as well as a leadership summit in October 2018. Efforts have only been heightening. Another training took place in January 2019 and two back-to-back in June 3-6, 2019.

These two-day trainings begin with a thirty-minute presentation addressing the why’s of plant-based eating, and then the chef assigns forty Harvard cooks and chefs to various cuisines of food to prepare, including street food, international food, dessert, Mediterranean, and salads. After tasting each other’s concoctions during lunch, they then proceed back into the kitchen to begin prepping breakfast for the next day—including quinoa porridge, cinnamon rolls, and overnight French Toast. They taste the breakfast on the second day and then discuss thoughts on the taste and ease of preparation. Many times the Harvard administration is invited to these taste tests. HSUS can teach anywhere from 60 to 80 recipes such as Carrot Osso Bucco and Vegetable Wellingtons, spin-offs of traditionally meat-centric pieces.

The pastry-chef expertise of White surely is especially pronounced in the training’s desserts. Egg whites are no longer necessary for a luxurious meringue—instead, chefs can use leftover liquid from chickpeas, serving as an excellent egg substitute due to its binding

qualities the starch affords. Whip up this liquid instead of waste it, and chefs can produce a very fluffy cream perfect for piping onto a sweet potato pie.

Aquafaba is merely only one strategy HSUS teaches HUDS about sustainable repurposing of food “waste.” Discarded broccoli stems can be repurposed into slaws, and other parts of cut vegetables that would otherwise be discarded can instead flavor a vegetable stock.

Following their trainings with HSUS, HUDS has made many strides in its plant-based offerings in Fall 2019. They now serve stroganoff, an egg-free pasta using seitan and mushrooms, red wine, soy milk, and nutritional yeast—a popular seasoning in vegan cuisine. Other stations are made so that plant-forward undergraduates are able to enjoy the same dining experience as students who elect to eat meat—these stations feature burritos, Mediterranean platters, bao, and nachos. Options for vegetarians at Fly By have also expanded. In addition to a vegetarian soup and chili being offered, new staples include the Caprese Tomato Basil Wrap and the Penne Primavera Salad.

ANNENBERG HALL, IN THE HANDS OF THE STUDENTS

In the landscape of Harvard University Dining Services, a top-down approach is favored. Whatever sustainability dining initiatives are piloted—and successful—in Annenberg trickles downward to the House dining halls. Positive feedback in the Student Satisfaction Survey and the number of portions taken from the serving line help HUDS ascertain which entrees are a success with the undergraduates. So, in order to proliferate sustainable meals across all houses, collaboration is required. The story of the advent of sustainable eating at Harvard is really one of stitched-together food laboratories—testing grounds for sustainable dining—spanning as far away as North Texas.

Marissa Garcia ’21 (marissagarcia@college.harvard.edu) translates her passion for sustainability into covering the emergence of plant-based eating at Harvard for the Indy.

INDY FORUM

Red Solo Cups, Ski Masks, and Rugs

An Ode to Harvard-Yale Football Game Memories from Years Past

By MIMI TARRANT

Every two years, Harvard students are lucky enough to be reminded of why Yale really is a safety school when they visit New Haven for the game. For those Indy readers who have yet to have the joy of visiting the city that Yale calls home, all you need to know is that it has one of the highest crime rates in America for its size. Pull that fact out next time you have a Yalie talking about how they chose not to go to Harvard, and you'll be sure to have them stumped. We decided to find out more about people's experiences in New Haven from the last Harvard-Yale matchup that was in CT, with the Indy uncovering the weird, wacky and worrying stories that Harvard students have carried with them ever since.

Oh, the Places You Will Pee

Here at the Indy, we do not shy away from somewhat graphic stories. With this in mind, we chased up multiple Harvard students who had particularly traumatic urine-related experiences at The Game in 2017.

The long string of traumatic events started less than two hours into the Yale trip. It was 7pm, and we were stuck in traffic. It turns out that everyone was looking to get to Yale on the Friday night, and the roads were simply not made for the amount of traffic that only graced the roads of New Haven once every two years. To make matters worse, we were on a tight schedule to get to Toads, having waited for three hours for the bus to turn up. Those three hours had got more and more frantic as we realised that first, we were going to miss the pregame, and second, that we were simply going to hit traffic the later and later it became. Maybe that is why I decided to start drinking so early, literally as the bus was pulling out of Harvard Square, in an attempt to ignore the 23 other

stressed out girls trying to do their make-up on a pitch black bus.

You know you're always going to be in trouble when the bus for a three hour journey doesn't have a toilet. Now normally my bladder isn't the weakest of the bunch, but a two beers and half a bottle of wine in and I was starting to feel it. Actually, starting to feel it was an understatement; by this point, it was just outright hurting. The issue was, I didn't want everyone on the bus to know what I was facing; I was simply just a freshman pushed to the back of the bus whilst everyone else was having a good time. I couldn't ask to stop the bus, as we were already running so late, and quite honestly I didn't want to make a scene. My options were limited, and so I just decided to do what I knew was the inevitable. Using my red solo cup that I had just ceremoniously emptied, I crouched down as my friend sitting next to me covered me from the aisle view. The relief was enormous, but the size of the solo cup was not. Frantically scrambling for a second cup to avoid overflow, I learnt that maybe a swaying, braking bus was not the best place for a girl to finesse her aim. Nevertheless, two solo cups down, I felt a whole lot better.

Now, the simple matter of finding somewhere to put the cups. Both filled to the brim, spillage was inevitable with the moving bus. Feeling clever at thinking up a solution, I opened the window I was sat next to, lifting the cup up as I did so. Ignoring the shout of my friend screaming "Don't waste it!", thinking I was chucking out alcohol, I readied to throw the cup's contents out the window. This logic proved that I made the right decision in not concentrating in physics, as turns out that a moving bus' window is not the best place to chuck liquids out of. Not only did I manage to pour all the contents over my hand, but what little bit made

it out the window only made it look like it was raining outside, which caused hysteria on the bus as people realised they hadn't packed rain gear for the weekend. I just reached for another beer.

If anyone has been to The Game before, or actually any large sporting event, they will understand the struggle of a female who needs to pee. No matter what point of the day, there will always be the biggest line ever imaginable for the women's bathroom, whilst men will simply saunter in and out of their respective bathroom without a care in the world. Mix alcohol and cold weather, and waiting in that line can drive you to do things you never thought you would.

The first adventure was early in the day; we had started early, and it was only 30 minutes into our time in the Bowl that I decided it was time to 'break the seal'. As expected, a quick look at the women's line confirmed that I wouldn't be peeing in a conventional toilet, and my friend and I soon began to get creative with solutions. Deciding distance would be our biggest helper, we took off in the opposite direction of the tailgates and football field, towards a set of bushes that we could see in the distance. Without realising, it led us up and down hilly slopes that we took at breakneck speed, until we somehow found ourselves at a river. Deciding that this was the perfect secluded spot for which we were looking, that became the bathroom we so desperately needed. To be perfectly honest, I don't remember too much of this first adventure, but simply have video evidence on my phone to prove the distance we ran!

Second time around, we unsurprisingly did not want to make the ten minute run again. This time, emboldened by about two more hours of tailgating, we decided that inequality should be no more. We ran around

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Red Solo Cups, continued.

to the back of the mens bathroom, entered through the exit door, and sprinted as quickly as we could to one of the stalls, heads down, trying to avoid eye contact with anyone standing at the urinals. Quite honestly, this was simply the way to go, and I'll definitely tell anyone to take this kind of option with me this year at the game.

Run, Harvard Student, Run

Whilst no student should ever be out alone at night, New Haven at the time of The Game is a time and a place where this should really be respected, as this one senior shows in her story from 2017.

I was heading back to my hotel room around 2:00am. I had originally dropped my bags in a friend's hotel room prior going to Toad's, so I had to go back there first before going to my own hotel. I was waiting in the lobby for my Uber to arrive. Because it was after regular business hours, the hotel doors were locked and you had to buzz/intercom the front desk for someone to let you in.

The Uber said it was 1 minute away/arriving soon, so I walked outside with my bag in hand and stood by the entrance to the hotel/side of the road. The Uber was stopped at a set of lights a couple of blocks away. At this time of the night in New Haven, no one was around. All of a sudden, a van drives past me heading out of town. I checked the app to see if the Uber was almost here because it was so cold and I just wanted to be in bed. Next thing I know, the van is doing a full u-turn about 200m down the street. I was very aware about what was happening and I immediately started to think about where to go if the van came any closer. The next thing I remember is that I'm being chased by 3 people in ski masks down the street. I sprinted as fast as I could to the Popeye's restaurant down the street, which was relatively busy for this time in the morning. I burst open the door, shaking and yelling. Luckily there was an off-duty police officer there who calmed

me down. He asked me all the questions and put out a report for the van to the other officers on duty. After that, he drove me back to my hotel and I was finally safe.

Looking back now, I was lucky to be really aware of my surroundings and urge everyone to be the same when out by themselves. First of all, you should never be out by yourself in New Haven. But secondly, if you do find yourself in that situation, make sure you know where you are, who you are with and have a plan in mind if something like this were to happen to you.

Better Out Than In (Yale)

Nothing quite beats the extraordinary hotel prices that rocket up once every two years in New Haven, so avoid the heavy prices and stay with your fellow Yalie, as this one interviewee experienced.

My freshman year, I decided to do the Harvard-organized housing for The Game to save money. This meant I was left to get paired with a random Yale student through my freshman year dorm, and it turns out I didn't even have another Harvard student staying with me in this room. As I arrived at Yale kind of late, I never had time to meet the person I was staying with beforehand. I simply found where the room was, dumped my bag, and ran off.

After a pretty eventful night at Toad's to say the least, I made it back to this Yale student's room. It turned out that it would just be me and her, and as I got back at 3am, she



Ava Salzman, '23

was just returning from the library. Apparently she had actually been studying for her chemistry midterm in two weeks time, but ignoring this weird fact I decided she was kind of cute, so wanted to keep chatting to her.

As we had been talking for about five minutes, I realised that all I could really think about was how I didn't feel all that great. Suddenly, I knew there was only one way all this was going. As I got up to try and run to the in-suite bathroom, I just wasn't quick enough. Spraying vomit all over her rug just outside the bathroom, I can only remember being really, really apologetic, and wondering if somehow Harvard would find a way to get me term-billed for the rug I was continuing to destroy. I don't remember too much after that, but I do know that I left her room well before she had woken up on Saturday morning. Needless to say, the Yale girl went ahead and followed me on Instagram and Facebook the next day, so it can't have been all that bad.

Mimi Tarrant '21 (ameliatarrant@college.harvard.edu) hopes you have the best time at Harvard Yale, just stay safe!

INDY FORUM

Making the Game Your Own

A Guide To Harvard-Yale Style

By GRACE TWOREK

There are a lot of things that may come to mind when the words Ivy League are thought of. Whether it's old, brick buildings or the immense history that makes up the eight Ivy League institutions that line the east coast, Ivy League universities have many stigmas and characteristics that accompany them. Two things that do not often pop into one's mind when pondering Ivy League culture, however, are fashion and football. Granted, both football and fashion do exist among Ivy League culture in their own realm, but the football scene is in no way comparable to that of the University of Alabama or Ohio State and one will have no luck finding the same fashion scene as they might at Parsons. Although Harvard may not be the fashion capital of the world or the Mecca of Sports, there is still one day of the year where the students of both Harvard and Yale come together to not only tailgate and watch the game of the year, but to do it in style.

The first Harvard-Yale football match-up dates back to November 13, 1875 and every year since then, this specific game has become a trademark in Ivy League culture. It is the type of event students, alums, and families mark their calendars for and as soon as the month of November comes around, the countdown begins. Although most people associate the weekend of the Harvard-Yale game with strictly football, tailgating, and showing the absolute pinnacle of school spirit for their home team, there is also the aspect of fashion that gets looked past. That "H" sweater your sporting to the game or that fuzzy beanie that is keeping you warm is more than just school apparel; although you may not realize it, these little touches here and there serve as ways for one to express their personal style while still showing school spirit.

There are many ways one can incorporate their individual sense of style into their foot-

ball game apparel and these different ways can fall between a wide range of extremes. One on side, someone could be primarily focused on how they will stay warm rather than stylish, so while bundled up from head to toe in winter apparel, they may incorporate some Harvard support and style into a Harvard striped scarf or a fuzzy pair of crimson socks. On the other hand, one might want to be decked out in Harvard gear head to toe, while also incorporating their own sense of fashion—no matter what it may be. This may mean bringing out that crimson colored vest that you swore to your mom you would never wear or in the most extreme cases capitalizing on the opportunity to dig into one's makeup bag and bring out the classic, red lipstick. It is not about being on one end of the spectrum or the other, but rather finding that perfect medium of where one's individual style meets their plans for game day.

Although the main attraction for Harvard-Yale weekend is the football game, there are some other experiences that have a prominent role on the "to-do" list. This year, since the game is in New Haven on Yale's territory, the trip to Toads the Friday night before the game is a must. For those who have yet to make the trip to Yale for the infamous weekend, one may be wondering, "Toads? Like the frog-thing?" This is a completely fair thought, but Toads is a little more than the animal that hangs by the pond. Toads is the epitome of "the place to be" on Yale's campus, and it is the first stop for all Harvard-Yale football goers for the weekend. It is



Natalie Sicher '21

much more of a going-out, club scene so the go to apparel is a bit different than what everyone usually wears to the game. This being said, wear whatever makes you feel comfortable and most confident, and let's not forget how much the temperature rises as you walk through those front doors so dress accordingly. This could also be the perfect opportunity to step out of your comfort zone when it comes to your sense of style. Think about it—new faces, a new environment, a legitimate completely new college campus. Could there be a better time to reinvent your sense of style and even catch the eyes of some Yale students. No matter what you decide to wear, Toads is all about having a good time with your friends and dancing the night away. The weekend is filled with opportunities to capitalize on both your sense of style and school spirit, so no matter how little or how much you decide to devote to your style this weekend, the main goal is to support your school and have fun while doing so.

Grace Tworek '21 (gtworek@college.harvard.edu) wishes you a fashionable Harvard Yale.

The Best and Worst of Harvard-Yale Pranks

Can Harvard Out-Do Yale this Year?

By MARY JULIA KOCH

As the Harvard-Yale game draws near, chatter about the 135-year-long rivalry echoes in the hallways, in classes, and most notably, on the walls of YouTube. On the Harvard-student-run channel, “OnHarvardTime,” over a decade’s worth of videos showcases the creativity – and sometimes cruelty – of the Harvard-Yale pranks.

Last year’s video mocked Yale’s attempt at prank videos, exposing their lack of satirical prowess. Pretending to be a Yalie and sporting a blue unitard, a Harvard student performed a screeching parody of “Take Me Home, Country Roads,” swapping those lines for “Take Me Home, Gothic Windows.” He confused football as baseball and sang painfully off-key, like a classic Yalie. Another highly-watched video is from 2016: “If Famous Movies Were About Yale.” Here, Harry Potter is a prospective Harvard student who is thrilled to see hundreds of decision letters flooding his room, only to find out that he got into Yale. “Bloody hell,” Potter sighs. In another scene, Dorothy finds herself far away from the yellow brick road, “surrounded by litter and strippers and crime, oh my!” When she encounters a scarecrow, a tinman, and a lion – lacking a brain, a heart, and courage – she concludes: “I must be at Yale.” Now that’s the perfect combination of creativity and cruelty.

Like any rivalry, Yale has fought back. Perhaps their most successful YouTube prank is from 2009, concocted by the “Harvard Pep Squad,” a group of 24 prank-minded students. Not one of them actually attended Harvard. Their mission? “Prank Harvard Like Never Before.” Disguised as Harvard students, the Yalies invaded the Harvard side of the football field and distributed red and white sheets of paper to fans, claiming that when they held up the sheets, they would collectively spell “Go Harvard!”

One fan was skeptical: “It’s not going to say something like ‘Yale Sucks,’ is it?” A Pep Squad member assured them it would not, urging a sheet of paper into their hands. But when the crowd lifted the papers, they unknowingly spelled out “we suck” – and only the Yale side could see the effect. Those poor fans – including alumni, parents, grandparents, and innocent students who just wanted to root for the college they loved – belittled by some students from New Haven? Utter cruelty.

But it didn’t matter: Harvard won 14-10.

Adding to this victory, Yale committed some major errors in their prank. Firstly, the Pep Squad failed at recreating Harvard apparel; their t-shirts were not crimson, but bright red. A disgrace. And the font of “Harvard” on their shirts was closer to the Comic Sans used in a Middle School English paper than Harvard’s true and classy Garamond. Even more, when a real Harvard student asked one of the

disguised Pep Squad members which house they lived in, the person responded “Ho-Fo.” Ho-Fo? “That’s not even a real house,” the Harvardian asserted. In a weak attempt to cover up the mistake, another Pep Squad member interjected, “She’s probably drunk.” Come on, Yalies; you should know that no amount of tailgate beer could prevent a Harvard student from remembering their House name; that’s essentially our student identity. If you really want to act like a Harvard student, then think like one.

Clearly, the Harvard-Yale rivalry is never merciful, and never boring. Stay tuned on YouTube to see what OnHarvardTime has in store for this year’s annual prank video. Yale, we expect nothing more from you than off-tune singing, failed parodies, and “Ho-Fo.”

Mary Julia Koch ’23 (mkoch@college.harvard.edu) is eager to write more about the shortcomings of Yale’s pranks.



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The Harvard-Yale Rivalry, Beyond Football

Competition between Harvard and Yale Pervades other Athletic Teams

By ELIZABETH GUMMER

Though the largest manifestation of the Harvard-Yale rivalry is seen in the annual meeting of the two school's football teams, the original matchup was not on the field but rather on the water. The rivalry dates back not to the first football game in 1875, but rather to 1852 when the schools crew teams met for the first time. Beyond football and crew, the rivalry's palpable tension pervades many other athletic teams at these universities.

Most recently, women's volleyball has brought their season to an end, finishing out the year with two matches in front of a home crowd this past weekend. Despite an overall game record of 5 wins and 18 losses over the course of the season, Harvard managed to overcome Yale this November with a 3-1 win. Falling short earlier in October with a 3-0 loss to the Bulldogs, the win was a huge victory for the Crimson women. Over the past 4 seasons, Harvard has tallied just two wins against Yale in their eight matches. Junior captain Evelyn Gray emphasized the "huge rivalry" felt between the two teams, noting that "it has been going on for a long time." Commenting on this year in particular, Gray rejoiced, "the win was huge, party because it was during the Harvard alumni weekend."

Also closing out their season in early November was the women's field hockey team. Their impressive 13-4 record made it no surprise that their late September meeting with Yale was a success for the Crimson. The tight 2-1 win for Harvard was the seventh in a series of wins against the Yalies. While junior field hockey midfielder Sage Nye doesn't see Yale as the team's biggest competition, Nye noted, "Everyone knows that there is a Harvard-Yale rivalry, so we don't want to lose for that sake." The spirit of the rivalry does not always mean that the

Crimson will be easily fueled toward victory. Nye emphasized that it is "always a battle... we almost lost freshmen year, and this year was really close too." Yale is no easy competitor, even rallying up their audience days before the event; Nye reflects that Yale "definitely hypes up the game," noting that "this year they scheduled their alumni day around the Harvard-Yale game." Junior teammate Kolbe Keating echoed Nye's sentiments about the matchup, observing that "each game against them could go either way... Yale always is exciting on multiple levels because it's our first Ivy League game and we get to represent some of the top schools in the county." Even though this season has concluded, the energy of the two teams will surely continue to drive healthy competition in years further.

Both the men's and women's soccer teams faced Yale during their respective seasons early in the fall semester. On the men's side, the Crimson was defeated 3-1 by Yale in early October, adding to a series of losses against the New Haven team. The Crimson had yet to be beaten by the Bulldogs since the 2013 season, when the team took a 2-1 loss in New Haven. Sophomore forward Alex Debayo-Doherty commented that "the game is always fun" and "a rivalry for sure exists." Despite this latest loss, the record stands at 55-39-12 for the Crimson against the Bulldogs.

Showing a little less give-and-take on the women's side, the Harvard women's soccer team overtook Yale 1-0 with a single goal for by Harvard first-year Gabby DelPico. The Harvard women have proved themselves to hold power over the Yale soccer program, losing only once to the Bulldogs over the past 12 years. Junior player Cammie Dopke articulated that the teams' rivalry was heightened all the more "this year than

in the past since Yale had a really good season." Despite fluctuations, aside from a single loss in the 2017 season Harvard has won ten of the past eleven matches. The Crimson sits at a 32-9-2 record against the Bulldogs.

Starting off the competition season early in November, the men's hockey team took on Yale just this past Saturday for their first of three games against the Bulldogs in the coming months. Taking the game with an easy win of 6-1 for the Crimson, the team looks to build on their record against Yale. Over the past three seasons the Crimson have taken four wins, two losses, and two ties against the bulldogs. As well matched teams, the first game of this season's series shows promise looking forward. The teams will match up again on January 11th and February 14th in the latter half of the season.

In similar fashion, the women's hockey team has experienced a mix of wins and losses against the Yale team. With two wins, two ties, and two losses on the record over the past three seasons, it's hard to predict which rival will come out on top this season. Also starting off the 2019 season with a large triumph against Yale, the Harvard women took control of the game with a score of 5-2 victory over the Bulldogs. The Crimson women will have one more opportunity to crush Yale in early December.

The men's basketball team holds an unfortunate record against Yale, seeming to take losses primarily during the Ivy League championships. Games between the two tend to be tight in scoring, many games coming down to just a single point difference. Looking back over the past three seasons, the Crimson have won five of their seven games against the Bulldogs, their losses in 2017 and 2019 both unfortunately occurring during Ivy League championship

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The Harvard-Yale Rivalry, continued.

tournaments. Despite the fact that the record stands at 81-119, placing the Yale team at a historical advantage, the Crimson have high expectations of themselves for their upcoming games. The teams will match up on both February and March 7th in the upcoming season.

The coming season will be telling for the women's side of Harvard basketball. Though the record stands at an overall 53-32 for Harvard, the past few seasons have ended in with one win and one loss for each team, exemplifying the back-and-forth rivalry between the teams. This season the teams will meet twice.

The Crimson lacrosse teams' will continue their battles against the Bulldogs in the coming spring. The men's team lost both games over the past two years but will look to break up their losing streak this season. As for the women, the champion of the annual Harvard-Yale game tends to go back and forth. With a win-loss-win over the past three seasons, there is no predicting how this season might end up. Sophomore Hannah Valencia commented that "regardless of the rivalry that occurs with each respective sport, there will always be a rivalry that exists through the spirit and culture that has been

built between the two schools... even though they might not be our number one competitor that we're battling against for a national title, we still want to win because they're Yale and that rivalry will always be there."

Yet another spring sport will match up against Yale in the coming semester: women's softball. Although sophomore pitcher Grace Krantz observed that "unfortunately, the softball team and Yale don't have beef," there is "beef with Columbia and Dartmouth." The Harvard team consistently comes out victorious from their series of games against Yale, taking the majority

of wins over the past three years. Looking ahead, the team isn't too worked up over the prospect of matching up this spring.

Regardless of the Harvard-Yale rivalry being felt differently across various Harvard sports, the H-Y football rivalry will be brought to New Haven this weekend. Football fanatic or otherwise, the rivalry between the institutions is enough to get anyone fired up for the festivities this weekend!

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Ava Salzman, '23

captured and shot



Where the Magic Happens...

By ANDREW HAIMOVICI